

START HERE!

How to Choose a Wisconsin HOSA Competitive Event that's Right for You!

1. Are you creative, artistic, and can you think outside the box to find a solution?

YES

Do you want to work with a team?

YES
NO

Creative Problem Solving
Health Career Display

2. Do you want to be recognized for your involvement in HOSA?

YES

Do you want to work with a team?

YES
NO

HOSA Happenings
Outstanding HOSA Chapter

Outstanding State Leader

3. Do you want to practice specific skills related to a health care career?

YES

Do you want to work with a team?

YES
NO

CPR/First Aid

Medical Assisting
Nursing Assisting
Physical Therapy
Sports Medicine
Veterinary Science

4. Do you want to interact directly with your competitors?

YES

Do you want to work with a team?

YES

Biomedical Debate
HOSA Bowl

5. Do you want to get involved in your community?

YES

Do you want to work with a team?

YES
NO

Community Awareness
Health Education
National Service Project

Barbara James Service Award
MRC Volunteer Recognition
President's Volunteer Service Award

6. Are you classified under the Individuals with Disabilities Education Act?

YES

Do you want to work with a team?

NO

Interviewing Skills
Life Support Skills
Personal Care
Speaking Skills

7. Do you want to compete in a testing only event

YES

Do you want to work with a team?

NO

Dental Terminology
Epidemiology
Health Care Issues Exam
Knowledge Tests (all 6)
Medical Math
Medical Terminology
Medical Reading

8. Do you want to improve your writing or speaking skills?

YES

Do you want to work with a team?

NO

Researched Persuasive Speaking
Extemporaneous Writing
Healthy Lifestyle
Job Seeking Skills
Prepared Speaking
Medical Spelling

Wisconsin HOSA Competitive Event Summaries

Health Science Events	
Dental Terminology Medical Terminology	These events are tests. They include 100 questions. The event guidelines contain resources to help the HOSA member decide what to study.
Knowledge Tests <ul style="list-style-type: none"> • Human Growth and Development • Nutrition • Pathophysiology • Medical Law & Ethics • Pharmacology • Transcultural Health Care 	These six events are 100-item tests. Competitors select one of the knowledge tests to take, study the area using the resources in the guidelines and then take the test for competition.
Medical Math	Competitors learn the conversion table in the event guidelines and then solve math problems to complete a 50-question test.
Medical Reading	Competitors read the five selected books for the year. A 50 question multiple choice and one short essay tiebreaker test is taken. The questions will require the students to apply, analyze, synthesize, and evaluate information from reading the assigned books.
Medical Spelling	Round One is a test with 50 questions. Round Two is like a traditional spelling bee. Competitors must correctly spell a randomly selected word.

Health Professions Events	
Medical Assisting Nursing Assisting Physical Therapy Sports Medicine Veterinary Science	These events involve both a test with 50 items, and skill performance related to a specific health career. Competitors practice, practice, and practice until they are proficient in ALL the procedures/skills in the event guidelines. Round One is a test. Round Two is the skill round. During the skill round, competitors perform one or more of the skills in the guidelines after being given a mock scenario. Skill events offer an excellent opportunity to extend classroom learning and to work directly with health professionals in your chosen career field.
*Personal Care	This event is similar to other skill events. It is designed for HOSA members with special needs, and involves the demonstration of selected skills related to Nursing Assisting as described in the event guidelines.

Leadership Events	
Extemporaneous Health Poster	Competitors in this event have 3 hours to create a visual display of a secret health issue/topic using poster board and art supplies. The key focus is on the development of the secret topic (health issue) and the quality of information presented.
Extemporaneous Writing	Competitors are given a secret topic that is health related, & have 1 hour to write an essay on the topic.
Healthy Lifestyle	This event involves choosing a lifestyle change and documenting that process. The event includes a 50 item Round One test and a notebook with documentation.
*Interviewing Skills	This event includes filling out a job application and being interviewed by judges. It is for HOSA members with special needs.
Job Seeking Skills	Competitors write a resume, fill out a job application, and then participate in a simulated job interview for a position of their choice.
Medical Photography	Competitors showcase three photographs taken of different health science careers to the judges.
Prepared Speaking	This event involves giving a prepared speech to a panel of judges about the National HOSA theme.
Researched Persuasive Speaking	This event allows you to take a stand, either for or against one of two selected topics. You'll research the topic to gather facts to support your opinion, write a paper, and then give a speech to a panel of judges.
*Speaking Skills	This event involves giving a prepared speech to a panel of judges about the National HOSA theme. It is for HOSA members with special needs.

Wisconsin HOSA Competitive Event Summaries

Teamwork Events

Biomedical Debate	This event will consist of a formal debate. The new topic of debate will be announced annually. The teams will consist of 3-4 members. Round One is a 50-item test.
Community Awareness	2-4 chapter members work within their community to select a health-related issue and then raise community awareness of that issue. The product of the project is a portfolio of activities and a presentation to a panel of judges.
Creative Problem Solving	Teams of 3-4 members will take a test of 50 items. Top-scoring teams will continue to the problem-solving round where they are given a secret problem related to a health issue. Solutions are then presented to a panel of judges.
Health Career Display	Teams of 2 competitors shall develop a visual display of a specific career in health by using a variety of mediums.
Health Education	This event involves a team of 2-4 members who select a health-related concept or instructional objective, then prepare a lesson, provide instruction, and evaluate results.
HOSA Bowl	Teams of 3-4 HOSA members take a 50-item multiple-choice test on HOSA knowledge, parliamentary procedure and medical knowledge. Teams then advance to the 2 nd round where they play in a tournament by ringing a buzzer before the other team and correctly answering the most questions.

Emergency Preparedness Events

CPR/First Aid	These skill events are for two-member teams who take a 50 item online test, then work together to demonstrate their skills in a simulated emergency situation.
Epidemiology	This event is a 50-item test and a case study relating to epidemiology – the study of the effects of health and disease in populations.
*Life Support Skills	This event is similar to other skill events such as CPR/First Aid. It is designed for HOSA members with special needs, and involves the demonstration of selected skills as described in the event guidelines.

Recognition Events

Barbara James Service Award	This event provides recognition to individual HOSA members for volunteer service in their community. HOSA members who exceed 100 hours of community service may receive the <i>President's Volunteer Service Award</i> .
Health Care Issues Exam	This event is a 50-item test. It measures a HOSA member's knowledge of current health issues. All members who reach a mastery level are awarded certificates of achievement.
HOSA Happenings	This is a communication event in which you will communicate information about your HOSA chapter using newsletters or a website. Chapters who meet the requirements will be awarded a Certificate of Excellence.
MRC Volunteer Recognition	This event is IN ADDITION to the MRC Partnership event. While MRC Partnership is a team competition, this event is an individual recognition opportunity for all chapter members who engage in activities, meetings and service with their local MRC.
National Service Project	Does your chapter want to learn more and do more for another Healthcare organization? Look for this year's service organization on the national website. All chapters who participate are recognized.
Outstanding HOSA Chapter	Chapters plan activities all year following the areas in the guidelines, and then create a scrapbook that contains proof of those activities.
Outstanding State Leader	This event is designed to honor one leader from each HOSA state association in recognition of the member's commitment to HOSA and outstanding leadership. Each state will determine the criteria and selection process.